

✦ *Welcome to Junior*
Year! ✦

Class of
2026 ✦



JUNIORS



FALL SEMESTER

- ☐ Challenge yourself by taking AP, IB or MSJC Annex courses
- ☐ Complete 1 on 1 transcript review with your Counselor
- ☐ Sign up for PSAT or Pre ACT to help prepare you for SAT and ACT in Spring
- ☐ Attend College Fairs
- ☐ Sign up for ASVAB (career exploration) assessment
- ☐ Utilize CCGI or CaliforniaColleges.edu to explore College and Career choices

SPRING SEMESTER

- ☐ Junior Reflective Task
- ☐ Update Academic Plans and complete 1 on 1 Course Selection review
- ☐ CAASPP/CAST Testing in March
- ☐ Sign up for the SAT or ACT
- ☐ Visit College Campus during Spring Break
- ☐ Narrow your College List and create a spreadsheet with application deadlines and requirements.

GRADUATION REQUIREMENTS

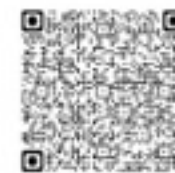
- ☐ TOTAL CREDITS NEEDED: 230
- ☐ On AERIES, go to Grades->Graduation Status
- ☐ 40 Hours Community Service (Class of 2026)
- ☐ Junior Reflective Task
- ☐ Senior Culminating Project

RESOURCES

- ☐ CCGI for college and career planning. Visit CaliforniaColleges.edu
- ☐ Tutoring in Library: before & after school (walk in, no appointment needed)
- ☐ Work Permits-Counseling Office
- ☐ Mental Health-Social Workers, Groups, Individual meetings-see your counselor

**CRY NOW.
LAUGH LATER.**

Feeling overwhelmed? Scan the QR codes on the right for resources to help you get through the year!



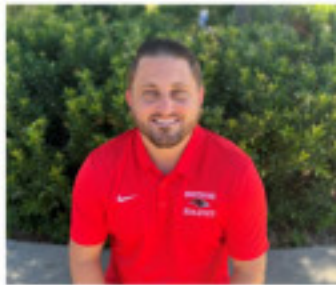
What's stress
& anxiety?



Change
to Chill

Murrieta Valley High School

Counseling Department



Mr. Luevano
A-Di & MSJC



Mr. Vandenburg
Do-K & CTE



Mrs. Thornburg
L-Pa & IB



Mrs. Castro
Pe-Ve & AP



Mrs. Mendoza-Montoya
Vi-Z, AVID & EL



Mr. Bosna
Assistant Principal



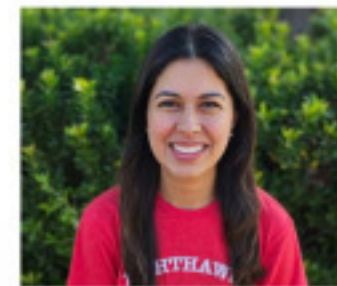
Mrs. Cortez
Mental Health Specialist



Mrs. Velasquez
Guidance Technician A-K



Mrs. Finch
Guidance Technician L-Z



Mrs. Duarte
Counseling Secretary



Murrieta Valley High School

Service and Commitment to Every Student Every Day Without Predictions

District Home

Our Schools

Translate Language | Staff Login



Athletics



Counseling



Enroll



Office 365



Student Store



24/7 Reporting



<https://www.murrieta.k12.ca.us/mvhs>

Congratulations Class of 2024!

Cheering for our Students
Everyday!

Be a part of our Award Winning
Performing Arts!



What's on a Transcript?

Academic GPA (9-12) = Everything except PE

Academic GPA (10-12) = Equal to A-G (College Entrance)

Total GPA = Everything you have completed in High School

Weighted
Non-Weighted

Community Service Hours
AP/IB Scores

Course Tags: * = Non Academic + = Honors (weighted) p = College Prep r = Repeated																																																																						
<div><div><div>Weighted Non-Wgtd</div><div>Acad GPA (9-12) 4.2895 3.9737</div><div>Acad GPA (10-12) 4.4231 3.9615</div><div>Total GPA (9-12) 4.2619 3.9762</div><div>Credit Attempted: 210.00</div><div>Credit Completed: 210.00</div><div>Class Size: 543</div><div>Class Rank: 16</div><div>Ranked by Weighted Total GPA</div></div><div><div>District Enter: 8/21/2012</div><div>School Enter: 8/15/2018</div><div>Class of 2022</div><div>State ID# 3971523734</div></div></div>																																																																						
<div><div><div>DateTest TakenScore</div><div>06/21SAT Rdn/Wrt 680 Math 6201300</div><div>05/21AP: US History5</div><div>05/21AP: Psychology5</div><div>05/20AP: English Lang & Comp4</div><div>05/20AP: European History5</div><div>05/21IB: PHYSICS SL6</div><div>Comp Senior Culm. ProjectNot Taken</div><div>Comp Junior Culm. ProjectNot Taken</div></div><div><div>CREDIT SUMMARY</div><table><tr><td>Subject Area</td><td>Credit Req'd</td><td>Compl</td><td>Needed</td></tr><tr><td>English</td><td>40.00</td><td>30.00</td><td>10.00</td></tr><tr><td>Mathematics</td><td>30.00</td><td>30.00</td><td>-</td></tr><tr><td>Life Science</td><td>10.00</td><td>10.00</td><td>-</td></tr><tr><td>Physical Science</td><td>10.00</td><td>10.00</td><td>-</td></tr><tr><td>World History</td><td>10.00</td><td>10.00</td><td>-</td></tr><tr><td>U.S. History</td><td>10.00</td><td>10.00</td><td>-</td></tr><tr><td>Govn't/Econ</td><td>10.00</td><td>-</td><td>10.00</td></tr><tr><td>Visual/Perf. Arts</td><td>10.00</td><td>10.00</td><td>-</td></tr><tr><td>Foreign Language</td><td>10.00</td><td>10.00</td><td>-</td></tr><tr><td>Physical Education</td><td>20.00</td><td>20.00</td><td>-</td></tr><tr><td>Health</td><td>5.00</td><td>5.00</td><td>-</td></tr><tr><td>For Lang/VisPerfArts</td><td>-</td><td>-</td><td>-</td></tr><tr><td>Career/ICT</td><td>5.00</td><td>5.00</td><td>-</td></tr><tr><td>3rd year Science</td><td>10.00</td><td>10.00</td><td>-</td></tr><tr><td>Electives</td><td>50.00</td><td>50.00</td><td>-</td></tr><tr><td>* TOTALS *</td><td>230.00</td><td>210.00</td><td>20.00</td></tr></table></div><div><div>DateEventHours</div><div>Community Service41.25</div></div></div>			Subject Area	Credit Req'd	Compl	Needed	English	40.00	30.00	10.00	Mathematics	30.00	30.00	-	Life Science	10.00	10.00	-	Physical Science	10.00	10.00	-	World History	10.00	10.00	-	U.S. History	10.00	10.00	-	Govn't/Econ	10.00	-	10.00	Visual/Perf. Arts	10.00	10.00	-	Foreign Language	10.00	10.00	-	Physical Education	20.00	20.00	-	Health	5.00	5.00	-	For Lang/VisPerfArts	-	-	-	Career/ICT	5.00	5.00	-	3rd year Science	10.00	10.00	-	Electives	50.00	50.00	-	* TOTALS *	230.00	210.00	20.00
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NCAA & ATHLETES:

If you plan on playing D1 or D2 sports you should register with the

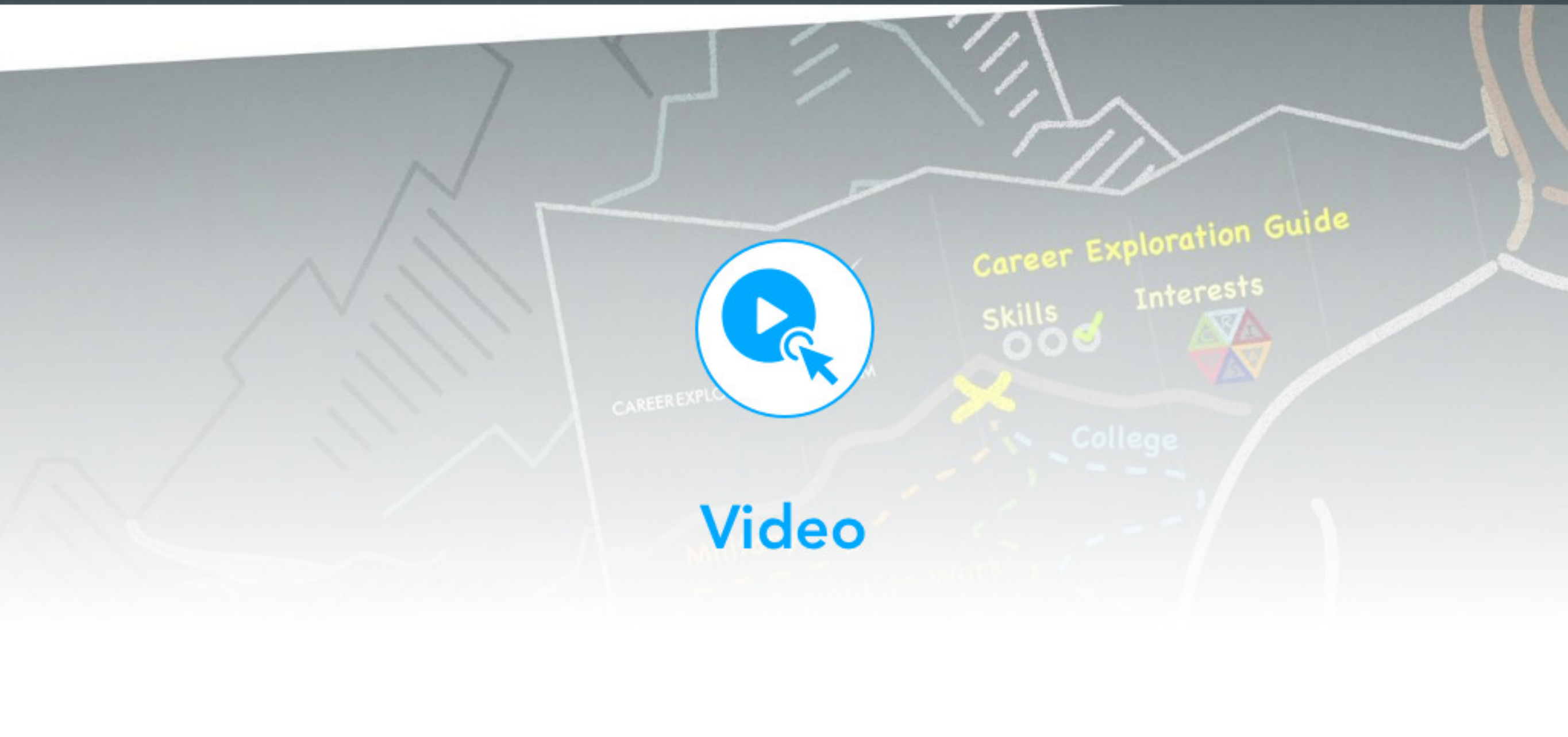
Eligibility Center

www.eligibilitycenter.org

CREATE AN ACCOUNT BY THE END OF JUNIOR YEAR

- Develop an athletic resume
- Meet 16 core course requirements





ASVAB CEP promo

The ASVAB Career Exploration Program is the only career planning resource that allows students to explore multiple paths to success -- college, certificates, apprenticeships, licensure programs, or the Military – All in one place.

We will be offering the ASVAB CEP on campus November 13th for 10th - 12th Grade Students. Don't miss this opportunity to access one of the best career planning programs available...Space is limited.
>>>Did we mention it is FREE!<<<



For more information go to www.asvabprogram.com

Work Permit

1) GET THE JOB!!!!

2) WORK PERMIT APPLICATION FORM

3) Submit your completed (first three sections) of the Statement of Intent to Employ Minor and Request for Work Permit application to Mrs. Velasquez (A-K) or Mrs. Finch (L-Z)

4) Please allow up to 24 to 48 hours to process your application.

Students must maintain a **2.0 or above GPA to qualify for a Permit to Employ and Work.

STATE OF CALIFORNIA DEPARTMENT OF EDUCATION
STATEMENT OF INTENT TO EMPLOY A MINOR AND REQUEST FOR A WORK PERMIT-CERTIFICATE OF AGE
CDE Form B1-1 (Rev. 02-14)

A "STATEMENT OF INTENT TO EMPLOY A MINOR AND REQUEST FOR A WORK PERMIT-CERTIFICATE OF AGE" form (CDE Form B1-1) shall be completed in accordance with California Education Code 49162 and 49163 as notification of intent to employ a minor. This form is also a Certificate of Age pursuant to California Education Code 49114.

(Print Information)

Minor's Information

Minor's Name (First and Last)	Home Phone	Grade
Home Address	City	Zip Code
Birth Date	Social Security Number	Age
Student's Signature		

School Information

School Name	School Phone	
School Address	City	Zip Code

To be filled in and signed by parent or legal guardian

This minor is being employed at the place of work described with my full knowledge and consent. I hereby certify that to the best of my knowledge and belief, the information herein is correct and true.

Parent's Name (Print First and Last)	Parent's Signature	Date
--------------------------------------	--------------------	------

To be filled in and signed by employer

Business Name or Agency of Placement	Business Phone	Supervisor's Name
Business Address	City	Zip Code
Employer's Maximum Expected Work Hours:	hours per day	hours per week
Describe nature of work to be performed:		

In compliance with California labor laws, this employee is covered by workers' compensation insurance. This business does not discriminate unlawfully on the basis of race, ethnic background, religion, sex, sexual orientation, color, national origin, ancestry, age, physical handicap, or medical condition. I hereby certify that, to the best of my knowledge, the information herein is correct and true.

Employer's Name (Print First and Last)	Employer's Signature	Date
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For authorized work permit issuer use ONLY

Maximum number of work hours when school is in session:	Maximum number of work hours when school is not in session:
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What Are *MY OPTIONS* After High School?



4-year college or university



2-year community college



Trade and certificate programs



Military



Going straight into the workforce



Gap year



Programs for people with disabilities



What is College?

Video

What Is College?: Exploring What's Possible After High School

SAT[®] ACT[®]

IN

2024

Video



Do You NEED The SAT/ACT? | 2024 is VERY different... ???????

STUDENT TUTORING SUPPORT

- Learn Better, Achieve More -



TUTORING

(In the Library)

Monday 7:45-8:20
Tuesday 7:45-8:20
Wednesday 8:30-9:20
Thursday 7:45-8:20
Friday 7:45-8:20

ENGLISH LEARNER PROGRAM TUTORING

(Available to all English
Learners)

(EL) Staff will be available
Mon, Tue, Thu, Fri from
7:30-8:20am
in Room #622.

Wednesday Late Start
From 8:30-9:20am in Room
#622

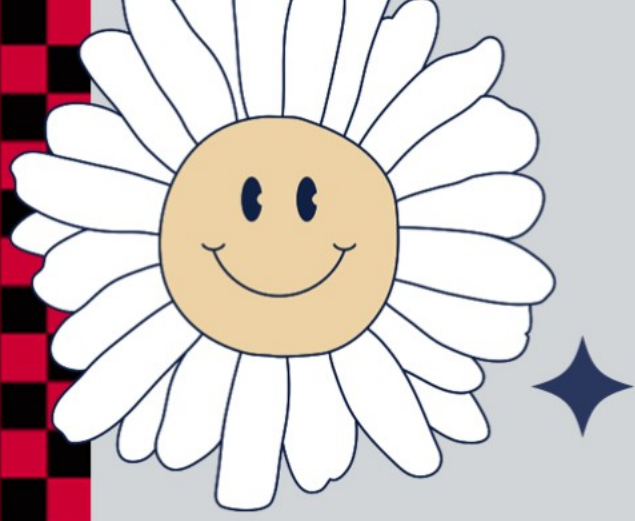
OFFICE HOURS

Office Hours is a 30-minute
block embedded into the
day on Thursdays and
Fridays - It is used for re-
teaching, study groups,
make-ups and enrichment.
Students are required to
attend Office Hours to seek
support in their scheduled
academic courses.

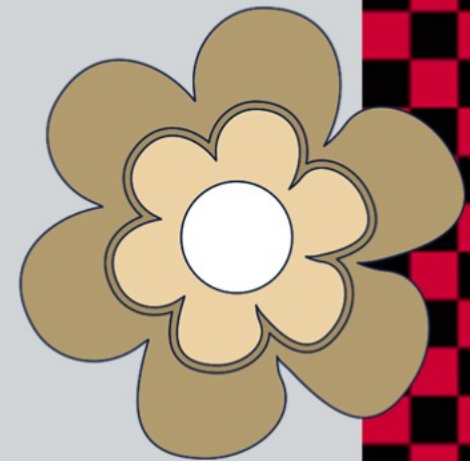


Time to Climb

Time To Climb



What is Social Awareness?





Juniors (Fall) Pretest

* Required

1. Social awareness is the ability to understand: *

- ☒ Personal likes and dislikes
- ☐ Social media trends and the latest news
- ☐ The perspectives, needs, and emotions of others
- ☐ The best ways to impress others



2. Empathy is: *

- ☐ The skill to manage and control your own emotions without considering others

<https://forms.office.com/Pages/ResponsePage.aspx?id=47bwIPBFG0aN8rSLBRCnvY-TxZAGdHpNqbClyDL8vGZUREpUWU9ESFgyTUJKMVVCMzIFMjFPNkRENS4u>

- ☐ The act of feeling exactly what another person is feeling
- ☐ Understanding and sharing the feelings and perspectives of others

WHAT IS SOCIAL AWARENESS?



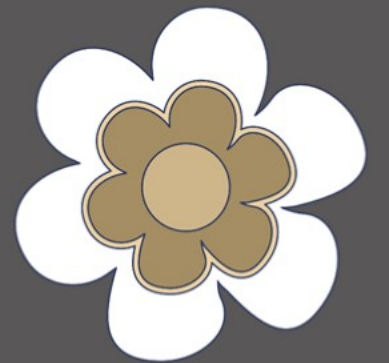
Video

Social Awareness- SEL FOR Denton ISD

Social Awareness



It's the ability to understand the perspectives of
and empathize with others from diverse
backgrounds, cultures, and contexts and apply
that understanding to interactions with them.



Key Components of Social Awareness

COMPASSION



Empathy

Experiencing the feelings of another



You have similar personal experiences



Emotion

RESPECT



Sympathy

Understanding the suffering of another



You acknowledge another's circumstances



Recognition

EMPATHY

PERSPECTIVE

Juniors (Fall) Post test

* Required

1. Social awareness is the ability to understand: *

- ☒ Personal likes and dislikes
- ☐ Social media trends and the latest news
- ☐ The perspectives, needs, and emotions of others
- ☐ The best ways to impress others



2. Empathy is: *

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<https://forms.office.com/r/Knx4k1Aaay>

- ☐ The act of feeling exactly what another person is feeling
- ☐ Understanding and sharing the feelings and perspectives of others

Why California Colleges.edu?



CALIFORNIA
COLLEGES .edu
DISCOVER. PLAN. LAUNCH.



Discover your interests and values

Find careers, colleges, or training

Learn how to find free money

Launch college and financial aid applications

Monitor all your progress in one place!

Welcome

CaliforniaColleges.edu provides students with an
**all-inclusive guide for college & career paths &
enables educators to track their progress.**



Middle School Students

High School Students

College Students

Parents

Educators

<https://www.californiacolleges.edu/#/>

From tuition and books to food and housing, college costs can really add up. The good news is there's lots of money out there to help you pay for college. It's called financial aid, and everyone should apply for it.

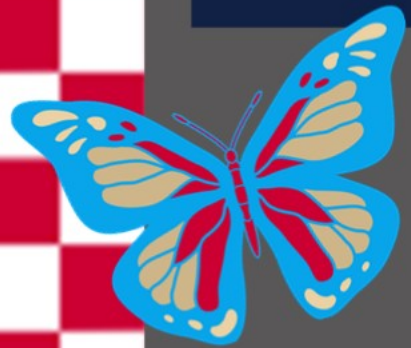


It's not too early to start thinking about your career. Once you have an idea of what you want to do, you can make a plan to reach your goals. Learn how to find careers that match your interests, values, and skills.

College Application Checklist

Personality Assessment

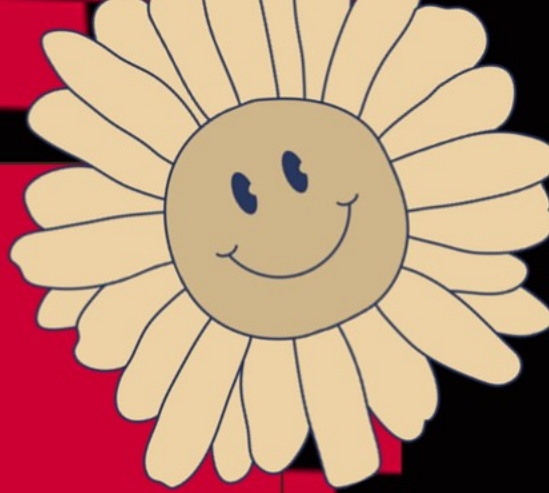
Provides recommendations and a list of potential careers and college majors matched to the personality type



Why is it important to choose a career that aligns with your personality?



LET'S BEGIN!



www.CaliforniaColleges.ed

U

User Name:

9DigitStudentID@mvusd.org

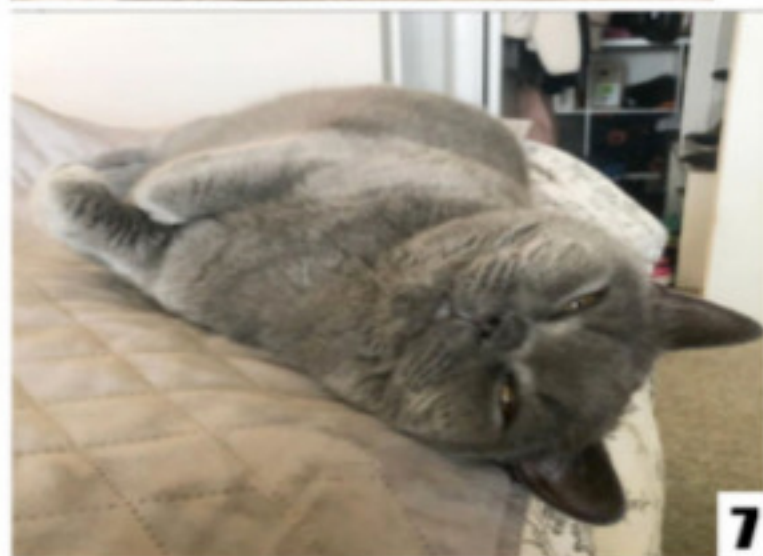
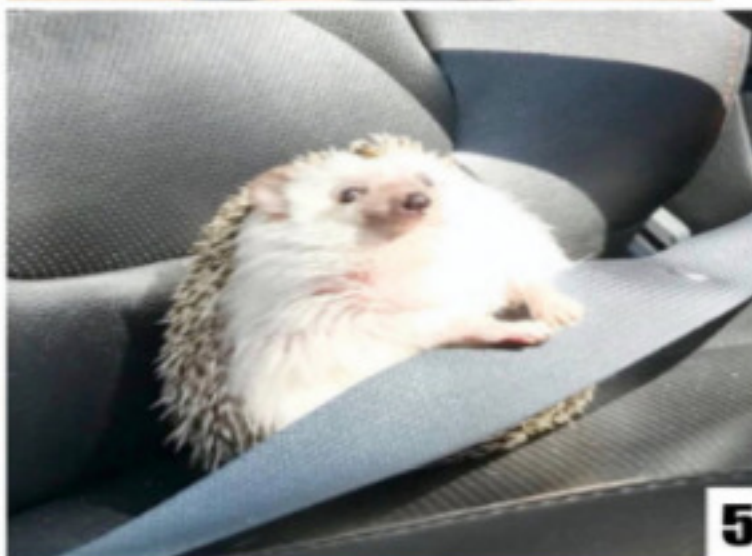
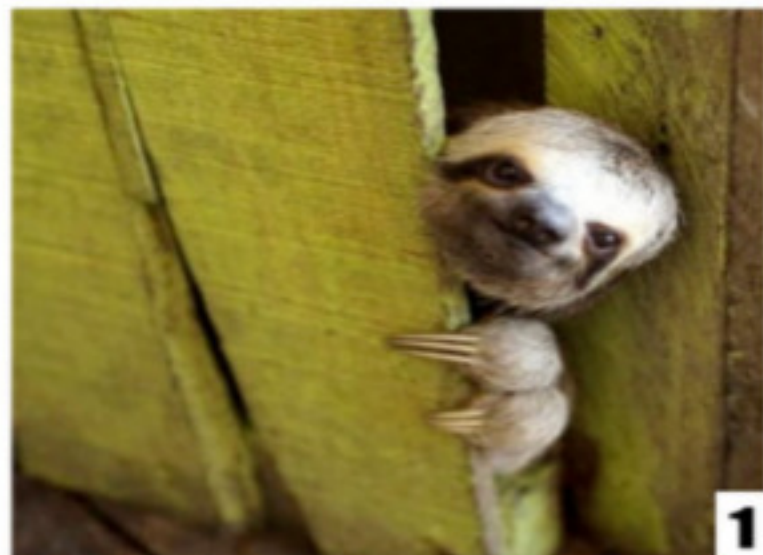
Temp Password: **FAFSA2025**

Create a **NEW**

PASSWORD

TIP: WRITE IT DOWN!

How is your 11th year going?



SAT[®] ACT[®] 2022



Video



Do You NEED the SAT or ACT? | 2022 is VERY Different.